





# Rules of Footwear

## Footwear

*noun*: outer covering for the feet, such as shoes boots and sandals

Shoes and footwear have been around for as long as humans have. They have been used to protect our feet from the harsh elements. Whether that is to keep them warm or to cool them off, everyone can agree that footwear is essential. However, over time people have developed their own traditions and customs regarding footwear. In this book we will be breaking down each continents footwear and customs that they may have. This will be an overall generalization of African, Antartican, Asian, Australian, European, North American and South American footwear.

# Africa

It is believed that in ancient African times people didn't not wear shoes and those who did wore them as a sign of wealth. Now, mainly due to the warm weather, embroidered sandals are a trademark of the African culture.

# Antarctica

While there are not many people who inhabit Antarctica due to its freezing temperatures. Those who do stay all year round invest in very sturdy pair winter boots and thick wool socks.



# Asia

In ancient Asian culture it was customary to take off your shoes before entering someones house. Their houses are built on a ground level and then once the guests step up they are entering the personal space of the persons home to which they are a guest. Taking off your shoes was a symbol of leaving your problems at the door. This was mainly because they thought that it was better to practice and meditate barefoot





# Australia

As many people know, the popular shoe brand "UGGS" came from Australia. While Australian customs are not very strict, it is polite to take off your shoes if they are dirty before entering another persons home.

# Europe

Europe is such a large continent that it is difficult to say what each country's customs are. However, some overall general customs are that wearing white socks with anything other than sneakers is considered immature. Unlike in America where we have athleisure, Europeans frown upon wearing white socks if they are not for an athletic purpose.

# North America

Many American customs are dependent on that specific families customs. Most people in America take off their shoes before entering someone else's home. However since America is such a diverse country there are many different customs and traditions. Like the Native Americans who introduced the moccasins.



# South America

As like many cultures, it is respectful to take off your shoes before entering someone else's home. The common footwear in South America is quite commonly sandals and flip flops due to the warm climate.

























